

Daily Sparkle Training Day

Course Outline



The course content is designed to address common issues faced by Activity Coordinators.

Around 50% of the day covers general activity training and the practicalities of working with older people and those living with dementia. The remaining 50% looks at how to best use resources to maximise effectiveness and achieve the greatest value. However, as both these parts merge in everyday practice, the course follows a similar approach.

During the day the following topics will be covered

Working with older people and those living with dementia

- Knowledge of the different stages of dementia, and effective communication with people at all stages
- Understanding the capabilities of people at each stage, and identifying appropriate activities (using Jackie Pool's PAL Instrument)
- Using Life Story work to identify present-time needs and interests
- Treating older people and those living with dementia with dignity and respect

Important aspects of activity provision

- The vital importance of the Whole Home Approach
- Working harmoniously with the care home manager and care home staff
- Creating activity plans to maximise positive outcomes
- Bringing fun and enjoyment to your residents and into your role
- Being responsive to the needs of those we care for and demonstrating our effectiveness to the relevant inspectorates (CQC England and equivalent bodies for Scotland, Wales and Northern Ireland)

Getting the best outcomes and value from your resources

- Generating engagement – identifying barriers & developing solutions
- Using specific resources as a means to developing relationships
- Using resources in creative ways – thinking 'out of the box'
- The importance of evaluating specific activities or events and taking action where necessary

Throughout the day you will also have the opportunity to work with fellow Activity Professionals to address particular concerns, share favourite effective activities and other aspects of good practice.

For any enquiries about the content of the training contact training@dailysparkle.co.uk