

## CD User Guide

### Introduction

The Sparkles CDs are fantastic resources that can provide you with many hours of enjoyable and meaningful activities every month. Here are just some of the ways in which they can be used:

### Singalongs

All the lyrics used in the songs on the CD can be found at [www.dailysparkle.co.uk/cd](http://www.dailysparkle.co.uk/cd). Some Activity Co-ordinators like to photocopy the lyrics to give out to the residents. They can also be laminated if you want to be able to re-use them a lot.

### Suggested prompts and questions

- Can you name the song / tune / singer
- Where did you first hear this song?
- Where were you / Who were you with?
- Do you like / not like this song?
- Do you like / not like the singer?
- How does this song make you feel?
- What might you do while this song is playing? - dancing, ironing, singing along, relaxing.



### Quizzes

1. Make up your own quizzes using the Fascinating Facts that you'll find about each song. These are at [www.dailysparkle.co.uk/cd](http://www.dailysparkle.co.uk/cd). There's a wealth of information about the songs, singers etc. The advantage of making up your own questions is that you can pitch them at the appropriate level for your particular residents. **Top Tip:** Help your residents to succeed by giving them clues that make the answer progressively easier to guess.
2. We have added a Mystery Voice or Theme Tune that your audience can guess. It is usually track 31 or 32.
3. Following the Mystery Voice track, we've also added 5 'Spot the Tune' tracks. This is just a short section of a well-known song but it should be enough to help your audience guess the title.
4. We then have a selection of 'sound effect' clips. These are referenced in our Monthly Resource Pack but can also be used by Daily or Weekly Sparkle subscribers as part of a stand-alone quiz to see if residents can guess what the sound is.

### Fascinating Facts

While many of your residents will enjoy a quiz there will also be many who just love hearing more about their favourite singers and songs. The Fascinating Facts can be simply read out after each song.

### Reminiscence

Songs and Music are fabulous for prompting reminiscence. Always be ready to take a break from any set schedule of activities to allow time for the sharing of memories.