

STAFF INFORMATION SHEET

Hi there,

You may not know about The Daily Sparkle. It's a daily reminiscence newspaper used in your care home to help residents overcome loneliness. The articles in it also bring back happy memories for them.

All sorts of topics are covered in The Sparkles, and sometimes there are articles about jobs similar to yours. For your particular interest we have put together this special Daily Sparkle which has some articles connected to your type of role in days gone by - days when the home's residents were in their 20s and 30s. I hope you enjoy reading them.

As I mentioned above, The Daily Sparkle is a cure for loneliness. Using The Daily Sparkle, care home staff can find articles that are of interest to them and then use those articles to start a conversation with individual residents. Chatting to residents doesn't need to cost you time. It can just happen as you go about your day.

There are Carers' Notes on the back page which give a bit of background information about the articles. There are also prompts and questions which you can use to get chatting with residents. Every time you interact with residents you make a real and positive difference to that resident's feeling of belonging and connection.

Each month we also make a list of articles that will be featured in the coming month's Daily Sparkles. It would be great if you could check whether there are any articles that are about your particular role. For example, if you are the chef, there might be an article about a popular type of ovenware that was used in the 1950's. This can then be an opportunity to chat with residents about that article. You can find the Daily Sparkle topics for the forthcoming month here:
www.dailysparkle.co.uk/monthlyplan

Thank you so much for taking the time to read this letter. I hope you enjoy your Special Sparkle and that you have some lovely moments talking with your home's residents.

Best Wishes



Chris Harding
Daily Sparkle Founder

PS. As I said above, some of the residents will have been employed doing jobs similar to those that you do. Do you know who they are and what they did? Chances are they'd love to chat with you.